

AHYIANA ANGEL
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HOW TO QUIT PLAYING SMALL TALK/WORKSHOP

Ahyiana Angel tackles day-to-day doubts flipping them on their head with her practical advice, equipping you with quick mindset shifts to help you take control of your days and feed your spirit with thought-provoking insights. Designed as a versatile talk/workshop for people who are ready to push themselves past their limits to reach their greatest potential, Ahyiana provides actionable steps by walking audiences through her SHINE method.

ABOUT AHYIANA

Ahyiana Angel is the Founder of Mayzie Media and host of the personal growth podcast Switch, Pivot or Quit. A traditionally published author, Ahyiana is a seasoned executor who eventually blocked out the world's ideas of success, quit her highly coveted position at the NBA, moved to London and traveled the world for a stint, then followed her passion in writing to find her purpose in encouragement through podcasting. Her book *Quit Playing Small* is a highly buzzed-about must-have for morning routines. Ahyiana and her work have been featured by Forbes, Apple, Black Enterprise, The Muse, Career Contessa and more.

ENGAGEMENTS

- Google Professional Development Workshop
- Tech Intersections Panel
- Boss Women of the Year Panel
- Fireside Chat, DreamChaseher Conference
- ALT Summit Workshop
- MastHERclass: The Art of Podcasting



REVIEWS

"This talk nearly pushed me to tears."

"Your talk was great today! I'm no morning person but you gave me the motivation to become one in order to make my dreams happen. Now can't wait to read your book!"

"I loved listening to you thank you for what you do and who you are. You're so awesome and I'm so grateful I got to experience your magic."

BOOK

Quit Playing Small is the essential source of daily encouragement that you didn't know you needed. The pages of this book will accompany you through the twists and turns of your journey and encourage you to keep going on the days where it feels impossible. The fluid-structure allows you to start from any point that best suits your needs. Similar to the Switch, Pivot or Quit® podcast—named one of "The 6 Best Podcasts To Listen To For Career Advice" by *girlboss.com*—the pages of *Quit Playing Small* will inspire action, evoke emotion, and spark ideas to achieve greatness.

